

A decorative border of pumpkin slices surrounds the central text. The slices are arranged in a repeating pattern, showing the characteristic spiral of the pumpkin seeds.

ALMOND BUTTER PUMPKIN BROWNIES

Feel free to get creative with substitutions. Try other nut butters, squash, sweeteners, spices, mix-ins - the possibilities are endless.

Ingredients:

1 cup almond butter

1 cup canned pumpkin

1 egg

1/3 cup honey

1 tsp baking soda

Combine all ingredients in a bowl, mix well. Pour into a greased 8x8 inch pan.

Bake at 350 degrees for 25 minutes or until a toothpick comes out clean.

Serves 8.