

Avocado Brownies

18 pieces

2-3 Avocados (230g)

1/2 Cup Almond Flour (56g)

1 Cup Confectioner's Erythritol (105g)

Use
Stevia
instead

1/2 Cup Cocoa Powder (35g)

1/2 tsp Baking Soda

4 large Eggs

1 tsp Vanilla Extract

1/2 Cup Lily's Chocolate chips (90g)

1 TB Coconut oil

Cut up and mash avocados in large bowl.
Add all other ingredients to ~~the~~ bowl.
*Except: Coconut oil + chocolate chips
Mix well with whisk.

In small ~~microwavable~~ ^{stove pot or pan} bowl

Mix chocolate chips + coconut oil until melted.
Add to rest of mix. Whisk.

Add mixture to 9x9 cake pan sprayed w/ oil.
Distribute batter evenly.

Bake at 350° for about 25 min.

(toothpick should come out of center with
just a touch of chocolate on it.)
Cool completely in pan before cutting